

## Lincolnia Senior Center

### Age Requirements

56-60

,

60+

Available 24/7

No

### Other Eligibility Criteria

Adults age 55 and older living in Fairfax County <br><br>All program applicants must meet eligibility requirements, participation guidelines, and adhere to the Code of Conduct for senior centers.

### Family

No

### Intake Contact

Karen Albers-Froehlich

### Intake Contact Email

Karen.albes@fairfaxcounty.gov

### Intake Process

Complete a registration form at the center

### Provider Refer

Yes

### Self Refer

Yes

Fairfax County Neighborhood and Community Services

<http://www.fairfaxcounty.gov/ncs/>

<https://www.fairfaxcounty.gov/neighborhood-community-services/senior-centers>

@FairfaxNCS

### Main

(703) 914-0330

4710 North Chambliss Street

22312 VA

United States

### Additional Availability Comments

Operating hours are Monday through Friday 9AM to 4PM

Fee Structure

Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

Lincolnia Senior Center offers a wide assortment of energizing and enjoyable programs and services for citizens 55 years of age or older. Programs are specifically designed for senior adults who wish to maintain healthy and fulfilling lives.

As diverse as the people they serve, these offerings provide a broad range of opportunities and experiences: social events, recreation classes, intergenerational opportunities; day trips, tours shopping; health fairs, fitness programs, senior Olympics; enrichment classes, workshops and computer education. The staff collaborates with other County and community organizations to provide many services for the County's aging population including transportation to and from centers, nutritious lunch, and information and referral to various human services.

The Senior+ Program is an innovative inclusion program, within the senior centers, for seniors with minor cognitive and physical disabilities. Senior+ bridges the gap between day programs for fully independent seniors and those who require more assistance. Its value is that it allows seniors with disabilities to enjoy the wide range of programming found at the county's full service senior centers.

For more information visit [Senior+](#).

Transportation, by Fastran bus, may be available at a nominal charge from your home to the center nearest you and back home. Check with the center to find out about transportation.

Service Area(s)

Alexandria City

,  
Fairfax City

,  
Fairfax County

,  
Falls Church City

Email

[NCS@fairfaxcounty.gov](mailto:NCS@fairfaxcounty.gov)