

# Kingstowne Center for Active Adults

Available 24/7

No

Other Eligibility Criteria

Residents of Fairfax County, 50 years of age or older. All program applicants must meet eligibility requirements, participation guidelines, and adhere to the Code of Conduct for senior centers.

Family

No

Intake Contact Email

ncs@fairfaxcounty.gov

Intake Process

Complete a registration form at the center

Provider Refer

Yes

Self Refer

Yes

Fairfax County Neighborhood and Community Services

<http://www.fairfaxcounty.gov/ncs/>

<https://www.fairfaxcounty.gov/neighborhood-community-services/senior-centers>

@FairfaxNCS

Main

(703) 339-7676

TTY/TTD

711

6488 Landsdowne Center

22315 VA

United States

Additional Availability Comments

Operating hours are Monday through Friday 9:00am until 4:00pm

Fee Structure

Call for Information

Payment Method(s)

Private Pay

## Languages Spoken

English

Kingstowne Center for Active Adults offers a wide assortment of energizing and enjoyable programs and services for citizens 50 years of age or older. Programs are specifically designed for active adults who wish to maintain healthy and fulfilling lives. As diverse as the people they serve, these offerings provide a broad range of opportunities and experiences: social events, recreation classes, inter generational opportunities; day trips, tours shopping; health fairs, fitness programs, senior Olympics; enrichment classes, workshops and computer education.

The Inclusive Services for Older Adults Program is an innovative inclusion program, within the senior centers, for older adults with minor cognitive and physical disabilities. This program bridges the gap between day programs for fully independent older adults and those who require more assistance. Its value is that it allows older adults with disabilities to enjoy the wide range of programming found at the county's full service senior centers.

Transportation, by Fastran bus, may be available at a nominal charge from your home to the center nearest you and back home. Check with the center to find out about transportation.

The TTY telephone number to call is 711.

## Service Area(s)

Fairfax City

,

Fairfax County

,

Falls Church City

## Email

[NCS@fairfaxcounty.gov](mailto:NCS@fairfaxcounty.gov)