

## Area Agency on Aging

Available 24/7

No

Other Eligibility Criteria

Must be 60 years of age for all senior services.

Family

No

Intake Contact

Intake Specialist

Intake Process

Some information is given over the telephone; other services require a written application and in-home visit.

Provider Refer

Yes

Self Refer

Yes

Senior Services of Southeastern Virginia

<http://www.ssseva.org/>

Main

(757) 461-9481

2551 Eltham Avenue

Suite Q

23513 VA

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Languages Spoken

English

Senior Services of Southeastern Virginia serves as the administrative office for information, referral programs, and services to the elderly and their families. Nutrition programs are offered to seniors at various locations. All senior citizens who are physically able to are encouraged to attend the Wellness Centers for these meals. Those physically unable to attend are visited in their homes and assessed by a Care Coordinator or Options Counselor. Recreational programs, activities, and wellness health screening programs are also available at The Wellness Centers. Topics such as Medicare, Social Security, Food Stamps, and how to eat properly or prevent falls in the home, are a small sample of topics presented at the Wellness Centers.

Homemaker or Personal Care Programs - Senior Services can help link you to an agency that can help you with light housekeeping or help with bathing, food preparation, and other activities in the home, depending on your need.

The In-Home Respite Program can provide respite for caregivers who care for a senior with Dementia and/or Alzheimer's.

The Senior Companion Program provides companionship and light housekeeping services to home-bound adults (60+) as well as respite services to families with a member with Dementia and/or Alzheimer's.

Senior Companions - These are the individuals who go to visit eligible seniors in the Senior Companion Program. This is a stipend paid volunteer program that offers services to adults with special needs. A Senior Companion must be age 60 and over.

Senior Services can connect you with a number of organizations that offer caregiver support.

For the full array of supports and services, please visit our website at [www.ssseva.org](http://www.ssseva.org).

Service Area(s)

Chesapeake City

,

Franklin City

,

Isle of Wight County

,  
Norfolk City

,  
Portsmouth City

,  
Southampton County

,  
Suffolk City

,  
Virginia Beach City

Email

[services@ssseva.org](mailto:services@ssseva.org)