

## Senior Recreational Activities

Age Requirements

56-60

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60+

Available 24/7

No

Other Eligibility Criteria

Must be 55 and older.

Family

No

Intake Process

Walk-In

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Senior Station

<https://parks.portsmouthva.gov/243/Senior-Station>

Main

(757) 391-3241

3501 Clifford Street

23707 VA

United States

Monday: 9:00 am-4:00 pm

Tuesday: 9:00 am-4:00 pm

Wednesday: 9:00 am-4:00 pm

Thursday: 9:00 am-4:00 pm

Friday: 9:00 am-4:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken

English

Senior Station offers Community Relations and Leisure Services - Outreach services. The Portsmouth Senior Station is the "Hub" of Information, Activities, Programs and Supportive Services for all area Seniors. Division of Portsmouth Department of Parks and Recreation.

Some activities are morning trivia; billiards, cards, table games; ping pong; bible study; blood pressure checks; fitness; survival club; tea time social, movie on Monday; gospel sing; tournament Tuesday; book club; trips; computer classes; craft corner and more.

Van Service is currently available for medical/nutritional and social needs for those 60+ on a 1st call, 1st serve basis. Nutritional lunches served three days a week, donations requested. Both services provided by Senior Services of Southeastern Virginia. Donations to defray expenses are requested

Service Area(s)

Portsmouth City