Senior Activities, 50 Plus Club

Age Requirements 56-60 60 +Available 24/7 No Other Eligibility Criteria Henry County Citizens age 50 and over Family No **Intake Contact** Melissa Puckett Intake Contact Email mpuckett@co.henry.va.us **Intake Process** Written Application Required. Call for information Provider Refer Yes Self Refer Yes Henry County Parks and Recreation http://www.henrycountyva.gov/Parks-and-Recreation.html https://www.henrycountyva.gov/seniors https://www.facebook.com/HenryCountyVA/ https://twitter.com/henrycountyva Main (276) 634-4644 3300 Kings Mountain Road 24112 VA **United States**

Monday: 8:00 am-5:00 pm Tuesday: 8:00 am-5:00 pm Wednesday: 8:00 am-5:00 pm Thursday: 8:00 am-5:00 pm Friday: 8:00 am-5:00 pm

Saturday: Closed Sunday: Closed

Additional Availability Comments

Call for time specific events occur. Hours are Monday-Friday 8am until 5pm

Fee Structure

Call for Information Languages Spoken

English

The Henry County Parks and Recreation offers a large variety of activities and social events for seniors age 60 and over including (some open to 50 and older):

- Trips and Travel Opportunities offered throughout the year,
- Food & Fun activities such as the Breakfast Club, Out-to-Lunch Bunch and Holiday lunches
- Drop-In Activities such as Bingo, Canasta and Rook
- Health Screenings
- And more--Bridge Club, Men's Golf Tournament, Bowling League, Knitting Classes, Scrapbooking Classes, etc.

Call 276-634-4644 for the exact days and times for each event or download a copy of "Senior Link" newsletter for activities listed by month. The newsletter is available to any senior adult interested in being placed on the mailing list. Call Lois at the above number.

Health Screenings are free and available to all adults 50 and above. These screenings are designed to promote awareness and healthier lifestyles for seniors. Screenings are available to check blood pressure, blood sugar and hearing. Information is provided on nutrition and alternative health care needs.

Service Area(s)
Henry County