Outpatient Rehabilitation, Bridgewater

Age Requirements 0-5 , 6-12 , 13-21 22-55 56-60 , 60 +Available 24/7 No Family No Intake Process Physician referral, appointment recommended. Provider Refer Yes Self Refer No Sentara Medical Group https://www.rmhonline.com Main (540) 828-7115 Toll-Free (877) 689-1000 400 North Main Street 22812 VA **United States** Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm Thursday: 8:00 am-4:30 pm Friday: 8:00 am-4:30 pm Saturday: Closed Sunday: Closed Fee Structure Call for Information Payment Method(s) Medicare , Private Insurance , Private Pay Languages Spoken

As part of the Sentara RMH Medical Center, the Bridgewater Center offers comprehensive physical. occupational, aquatic, and speech therapy services to patients upon physician referral. Areas of advanced training and special expertise include orthopedics, pain management, wound management, upper extremity/hand injuries, back care and lymphedema.

Therapists offer specialized care in orthopedics, sports medicine, neurology, spine and back disorders, wounds and other injuries and illnesses. Types of interventions used by RMH physical therapists include exercise, manual techniques, education, bracing, heat and cold modalities, ultrasound and electric stimulation.

Service Area(s) Albemarle County

English

Augusta County

Harrisonburg City

Highland County

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Rockingham County