

## **Find a Support Group, Anorexia Nervosa**

Age Requirements

13-21

,

18 and over

Available 24/7

No

Other Eligibility Criteria

No residency requirement.

Family

No

Intake Contact

Dawn Ries

Intake Contact Email

[anadhelp@anad.org](mailto:anadhelp@anad.org)

Intake Process

Visit the website for online support group information

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

National Association of Anorexia Nervosa and Associated Disorders

<https://anad.org/>

<https://www.facebook.com/ANADHelp>

[twitter.com/anadhelp](https://twitter.com/anadhelp)

Main

(312) 262-6897

Phone Emergency

(630) 577-1330

750 E Diehl Road #127

60563 IL

United States

## Fee Structure

No Fee

## Languages Spoken

English

,

Spanish

National Association of Anorexia Nervosa and Associated Disorders (ANAD) assists in the formation of chapters and self-help groups so that victims and their families may meet others with similar problems. ANAD's eating disorder support groups provide a free, virtual space where people can come together and find community in recovery.

Our support groups are led by trained volunteers who have recovered from their own eating disorder, or volunteer professionals in the eating disorder field. Support groups are open to anyone, at any stage of their recovery journey. They are not a replacement for therapy, but serve as another recovery resource.

[Find a Support Group](#) in your area.

## Service Area(s)

Nationwide

Email

[hello@anad.org](mailto:hello@anad.org)