Senior Health Program

Languages Spoken

English

Available 24/7 No Other Eligibility Criteria Senior program, age 55 and over Family No **Intake Process** Walk-ins accepted; call (757) 398-2273 for information. **Report Problems** Call the Agency Self Refer Yes Bon Secours Maryview Medical Center https://www.bonsecours.com/locations/hospitals-medical-centers/hamptonroads/bo... https://www.eseniorhealth.com/index.php https://www.facebook.com/BonSecoursHealthSystem/ https://twitter.com/BonSecours Main (757) 398-2273 3636 High Street 23707 VA **United States** Fee Structure Call for Information Payment Method(s) Private Pay Private Insurance

Bon Secours Maryview Medical Center participatets in the Senior Services Program that is focused on helping older adults age successfully. <u>Visit Bon Secours</u> SeniorHealth.

The Bon Secours Senior Health membership program is open to all Virginia residents who are over 55 years of age. The program offers privileges and activities and it is free. It is a one stop shop for wellness activities and education programming in Hampton Roads.

Trips and Travel is one popular activity. Call for events or visit the website.

Membership may offer exercise programs; walking (at local mall); trips and outings; free health screenings; transportation service to a medical appointment and resource library and educational programs. Free Notary service, subscription to the GoodHealth magazine. SeniorFest is an annual health fair

Service Area(s)
Portsmouth City