

Outpatient Nutrition Services, Harrisonburg

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Family

No

Intake Contact

Mary Addy

Intake Process

Provide diet history (and medical history if applicable) and arrange for interview.

Referral from physician or self.

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Mental Retardation and Substance Abuse Services

Self Refer

Yes

Sentara Medical Group

<https://www.rmhonline.com>

Main

(540) 433-4344

Toll-Free
(800) 543-2201

235 Cantrell Avenue
22801 VA
United States

Monday: 8:30 am-4:00 pm
Tuesday: 8:30 am-4:00 pm
Wednesday: 8:30 am-4:00 pm
Thursday: 8:30 am-4:00 pm
Friday: 8:30 am-4:00 pm
Saturday: Closed
Sunday: Closed

Payment Method(s)

Private Pay

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Private Insurance

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Medicare

Languages Spoken

English

At Sentara RMH Medical Center, outpatient nutrition services offers medical nutritional counseling for individuals or groups related to diabetes, weight management, cardiac, renal, gastrointestinal and other medical conditions. Individual and group counseling for adults, children, and families on many nutritional and weight management issues. Led by registered dietitians, nurses and health educators these sessions are effective for: reducing the risk of cancer and heart disease, medical conditions that require special dietary needs, weight management, managing diet for a chronic illness.

Weight Management Program is offered periodically in eight week total lifestyle approach to weight control. There is a charge for Live Fit sessions.

Service Area(s)

Albemarle County

,

Augusta County

,

Greene County

,

Harrisonburg City

,

Highland County

,

Page County

,

Rockingham County

,

Shenandoah County