Senior Fitness, Clubs, Socialization and Activities

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Alexandria residents age 55 and older

Family

No

Intake Contact

Marvin Elliott

Intake Contact Email

marvin.elliott@alexandriava.gov

Intake Process

Visit the website, Phone; walk in; register

Self Refer

Yes

Alexandria Recreation, Parks & Cultural Activities

http://alexandriava.gov/Recreation

https://www.alexandriava.gov/recreation/info/default.aspx?id=12452

Main

(703) 746-5575

1108 Jefferson Street

22314 VA

United States

Additional Availability Comments

Call to confirm time and day of a specific activity.

Fee Structure

Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

Alexandria Recreation, Parks & Cultural Activities offers many activities and classes for seniors that are held throughout the year. Some activities are available to city residents only. Aquatic exercise, art class, computer lab, bridge club, one day trips, sign language, fitness classes are some of the activities offered. To register, visit the appropriate center before class time. Recreation Center ID cards are required and are provided free with proper proof of City residency.

Call Senior Programs at 703.746.5575, press 3 for more information

Bus Line: Metrobus. Partially accessible to persons with disabilities.

Service Area(s) Alexandria City