Senior Citizen Activities

Age Requirements 56-60

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60 +

Available 24/7

No

Other Eligibility Criteria

Persons 55 years of age and older

Family

No

Intake Process

Call or stop by the office for more information

Provider Refer

Yes

Self Refer

Yes

Petersburg Parks & Leisure Services

http://www.petersburg-va.org/144/Parks-Leisure-Services http://www.petersburg-va.org/515/Senior-ProgramsActivities

Tabernacle Community Life Center

418 Halifax Street

23803 VA

United States

Additional Availability Comments

Monday-Friday 8:30am-5pm

Languages Spoken

English

Senior Citizen Activities/Services include aerobics, walking club, ceramics, bowling, holiday special events, trips, bingo, card games, seminars and health screenings. This program provides for health/fitness, social, cultural, crafts and educational programs for older adults.

Walking Club meets at YMCA track from April through September on Thursdays 10AM-11AM. Transportation provided if needed. Exercise class every Tuesday and Thursday from 10AM-11AM. Movie Monday is held every Monday from 10AM - 1PM. Ceramics Class is held Monday through Friday from 9AM - 2PM.

Parks & Leisure Services, in collaboration with Tabernacle Baptist Church, offers the Senior Citizen Program to improve the quality of life for residents ages 55 and over.

Call to confirm times.

Service Area(s) Petersburg City