

## Parks and Recreation Centers

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Unrestricted in most cases although some services may be restricted to a particular age group.

Family

Yes

Intake Process

Telephone referral, application and documents required for some services.

Suffolk Department of Parks & Recreation

<http://www.suffolkva.us/266/Parks-Recreation>

<https://www.facebook.com/suffolkva/>

Main

(757) 514-7249

134 S 6th Street

23434 VA

United States

Additional Availability Comments

Monday-Friday 8:30 am-5 pm

Fee Structure

Call for Information

Languages Spoken

English

Suffolk Department of Parks & Recreation maintains parks and recreation centers for residents of Suffolk and visitors.

Visit [Find a Suffolk Park](#) for outdoor fun and activities, including kayak and canoe launches, walking trails and dog park.

Visit [Find a Recreation Center](#) to find programs for youth and adults

Visit [Senior Program](#) to learn about a variety of activities for individuals 55 and over at the East Suffolk Recreation Center. Activities can be aerobics, line dance class, blood pressure checks and more.

Service Area(s)

Suffolk City

Email

[parksemail@suffolkva.us](mailto:parksemail@suffolkva.us)