

Recreation Opportunities

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

All ages

Family

Yes

Intake Contact Email

parkmail@fairfaxcounty.gov

Intake Process

Call the office; visit the website. Another phone number is 703-324-8702.

Report Problems

Call the Agency

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Send an Email

Self Refer

Yes

Fairfax County Park Authority

<https://www.fairfaxcounty.gov/parks/>

<https://www.facebook.com/fairfaxcountyparks>

Main

(703) 324-8700

12055 Government Center Parkway

Suite 927

22035 VA

United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:30 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Monday through Friday 8am until 4:30pm

Languages Spoken

English

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Spanish

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Korean

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Sign Language

The Fairfax County Park Authority is a multi-faceted agency which provides recreational opportunities to the residents of Fairfax County, as well as serving as the stewards of cultural, historic and natural resources in the community. Some sites charge more for out-of-county residents. Call for more information, including fees, hours, accessibility and transportation.

For senior citizens the opportunities for enjoyment and leisure are many. Those who love to walk or hike can find trails. If fitness is the choice, visit one of the many conveniently located RECenters offering state of the art fitness centers, drop in group exercise classes and specialty registered fitness classes.

Adapted Aquatics programs are perfect for those with aching joints, arthritis or recovering from an illness. Several adapted programs are geared specifically for seniors who love to exercise but need a gentler approach to healthful activity. Swimming instruction and fitness classes are also available for students with physical and mental disabilities.

Many golfing choices at numerous Park Authority courses are available throughout the community.

Free concerts are offered in summer, as well as movies.

Service Area(s)

Alexandria City

,

Fairfax City

,

Fairfax County

,

Falls Church City

Email

parkmail@fairfaxcounty.gov