

## St. Martin de Porres Senior Center

We can accommodate riders with:

Manual wheelchairs

,

Powered wheelchairs

To accommodate riders, we offer:

Lift equipped vehicle(s)

,

Ramp(s)

Age Requirements

60+

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Alexandria residents. Ages 60 and over and spouses. Independent mentally and physically

Family

No

Intake Contact

Luis Angel

Intake Contact Email

langel@ccda.net

Intake Process

New participants are asked to complete forms on their first visit.

Intake Contact Telephone

(703) 751-2766

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Catholic Charities Diocese of Arlington

<https://www.cdda.net>

<https://www.cdda.net/seniorservices/>

<https://www.facebook.com/CatholicCharitiesArlington/>

@CCDArlington

Main

(703) 751-2766

4650 Taney Avenue

22304 VA

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Closed on Federal Holidays

Fee Structure

Call for Information

Languages Spoken

English

St. Martin de Porres Senior Center provides nutrition education and hot nutritious lunches for participating elderly persons. Offers senior exercise classes, health information, recreation, education, and social services. Meal program and transportation contract with Alexandria Agency on Aging. Also offered is information and referral regarding physical and mental health.

Wellness activities such as exercise classes and Tai Chi, health education and screening, twice-weekly blood pressure monitoring, individual counseling, and support groups

Education in English as a Second Language (ESL), computer-skill training, and other

classes of interest to seniors

Recreation and cultural events such as trips to local museums, parks, theaters, and restaurants; holiday parties; professional entertainment; bingo; intergenerational programs; card games; movies; and travelogues.

Newsletter and Calendar of event are found on the website.

Round-trip transportation to the Center available for all participants residing in the west end of Alexandria City. Convenient to a bus but not a subway stop. Uses bilingual people from other agencies and Alexandria Department of Human Services.

Service Area(s)

Alexandria City

,

Fairfax City

,

Fairfax County

,

Falls Church City

Email

[info@ccda.net](mailto:info@ccda.net)