

## **Senior Center | Young Terrace**

### Age Requirements

0-5

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6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

### Other Eligibility Criteria

Must be a senior citizen living in a public housing unit.

### Family

No

### Intake Process

Telephone referral and walk-ins accepted

### Self Refer

Yes

Norfolk Redevelopment and Housing Authority

<http://www.nrha.us/>

### Main

(757) 623-8610

816 Whitaker lane

PO Box 968

23510 VA

United States

Monday: 9:00 am-2:00 pm

Tuesday: 9:00 am-2:00 pm

Wednesday: 9:00 am-2:00 pm

Thursday: 9:00 am-2:00 pm

Friday: 9:00 am-2:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken

English

Norfolk Redevelopment & Housing Authority (NRHA) operates a Senior Center located in the Young Terrace Community. Young Terrace was named after P. Bernard Young, editor and publisher of the Journal and Guide newspaper. It was first occupied in 1953 and has 752 units on 36 acres.

Socialization and activities are offered to seniors. Lunch is provided by Senior Services of Southeastern Virginia. Young Terrace Senior Center provides blood pressure checks, diabetes screening, vision screening, hearing screening, and breast exams. Also, field trips, craft projects, dances, etc. This is also a Nutrition site.

Service Area(s)

Norfolk City