

# Seatack Senior Center, Forever Young Senior Center

Age Requirements

56-60

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60+

Available 24/7

No

Other Eligibility Criteria

Must be 55 years and over, resident of Va Beach; must have facility card or guest pass.

Family

No

Intake Contact

Staff

Intake Contact Email

fun@VBgov.com

Intake Process

Walk-ins accepted; reservations required for transportation, special events and programs. Membership required

Intake Contact Telephone

(757) 385-1100

Provider Refer

Yes

Report Problems

Call the Agency

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Send an Email

Self Refer

Yes

Virginia Beach Parks and Recreation

<https://www.vbgov.com/residents/leisure-recreation/Pages/default.aspx>

<https://www.vbgov.com/government/departments/parks-recreation/recreation-center...>

<http://www.facebook.com/CityofVaBeach>

<http://twitter.com/cityofvabeach>

Main

(757) 385-5920

141 South Birdneck Road

23451 VA

United States

Additional Availability Comments

Monday - Friday 10:00AM-1:00PM

Fee Structure

Call for Information

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Membership Fee

Payment Method(s)

Private Pay

Languages Spoken

English

Seatack Recreation Center is a Forever Young Senior Center and offers recreational services and activities for the senior residents in the Virginia Beach area Monday through Friday from 10am until 1pm. A Center provides a gathering place for older adults who are 55 and up to socialize and participate in special events, games, exercise, as well as trips and local excursions.

Lunch is available to adults age 60 and above. An intake form must be completed and lunch should be ordered on a weekly basis. A donation is requested for lunch.

Transportation is provided on a limited basis. In addition to recreation services, art appreciation, etc., the center sponsors lectures and discussions by outside agencies such as the library, American Heart Association, etc. Other services include a senior citizen square dance club, bowling and shuffleboard, and travel club.

Service Area(s)  
Virginia Beach City  
Email  
[fun@VBgov.com](mailto:fun@VBgov.com)