## **Bayside Senior Center, Forever Young Senior Center**

Age Requirements 56-60 60 +Available 24/7 No Other Eligibility Criteria Must be 60 years and over; must be a resident of Va Beach. Must have Facility Card or guest pass. Family No Intake Contact Email fun@VBgov.com **Intake Process** Intake form for lunch must be completed with your Social securit number. reservations required for transportation. Intake Contact Telephone (757) 385-1100 Provider Refer Yes Report Problems Call the Agency Send an Email Self Refer Yes Virginia Beach Parks and Recreation https://www.vbgov.com/residents/leisure-recreation/Pages/default.aspx https://www.vbgov.com/government/departments/parks-recreation/recreation-

http://www.facebook.com/CityofVaBeach

http://twitter.com/cityofvabeach

Main

center...

(757) 460-7540

4500 First Court Road 23455 VA United States

Additional Availability Comments

Wednesday and Friday 10 am - 1 pm. Lunch is available around Noon to age 60 and oldler

Fee Structure
Call for Information
Languages Spoken
English

Bayside Recreation Center maintains a Forever Young Senior Center and offers recreational services and activities for the senior residents in the Virginia Beach area. A Forever Young Center provides a gathering place for older adults who are 55 and up to socialize and participate in special events, games, exercise, as well as trips and local excursions. Adults participate in crafts, games, bowling, exercise, socialization, lunch, trips and more. Varied activity fees.

Center is open on Wednesday and Friday from 10 am until 1 pm for seniors.

Nutritious lunch for adults age 60 and above. Must order lunch on a weekly basis. A donation is requested for the lunch.

Transportation is provided on a limited basis. In addition to recreation services, art appreciation, etc., agency sponsors lectures and discussions by outside agencies such as the library, Heart Association, etc. Also, offers senior citizen square dance club, bowling and shuffleboard, and travel club.

Service Area(s)
Virginia Beach City
Email
fun@VBgov.com