

# Bayside Senior Center, Forever Young Senior Center

Age Requirements

56-60

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60+

Available 24/7

No

Other Eligibility Criteria

Must be 60 years and over; must be a resident of Va Beach. Must have Facility Card or guest pass.

Family

No

Intake Contact Email

fun@VBgov.com

Intake Process

Intake form for lunch must be completed with your Social security number. reservations required for transportation.

Intake Contact Telephone

(757) 385-1100

Provider Refer

Yes

Report Problems

Call the Agency

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Send an Email

Self Refer

Yes

Virginia Beach Parks and Recreation

<https://www.vbgov.com/residents/leisure-recreation/Pages/default.aspx>

<https://www.vbgov.com/government/departments/parks-recreation/recreation-center...>

<http://www.facebook.com/CityofVaBeach>

<http://twitter.com/cityofvabeach>

Main

(757) 460-7540

4500 First Court Road

23455 VA

United States

#### Additional Availability Comments

Wednesday and Friday 10 am - 1 pm. Lunch is available around Noon to age 60 and older

#### Fee Structure

Call for Information

#### Languages Spoken

English

Bayside Recreation Center maintains a Forever Young Senior Center and offers recreational services and activities for the senior residents in the Virginia Beach area. A Forever Young Center provides a gathering place for older adults who are 55 and up to socialize and participate in special events, games, exercise, as well as trips and local excursions. Adults participate in crafts, games, bowling, exercise, socialization, lunch, trips and more. Varied activity fees.

Center is open on Wednesday and Friday from 10 am until 1 pm for seniors.

Nutritious lunch for adults age 60 and above. Must order lunch on a weekly basis. A donation is requested for the lunch.

Transportation is provided on a limited basis. In addition to recreation services, art appreciation, etc., agency sponsors lectures and discussions by outside agencies such as the library, Heart Association, etc. Also, offers senior citizen square dance club, bowling and shuffleboard, and travel club.

#### Service Area(s)

Virginia Beach City

#### Email

[fun@VBgov.com](mailto:fun@VBgov.com)