

## **Town of Pulaski Senior Center**

Age Requirements

56-60

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60+

Available 24/7

No

Other Eligibility Criteria

Seniors 50 and older.

Intake Contact

Staff

Intake Process

Walk-ins and telephone referrals accepted. Complete information form to receive newsletter outlining trips and activities.

Intake Contact Telephone

(540) 994-8628

Provider Refer

Yes

Self Refer

Yes

Pulaski Town Parks and Facilities Department

[https://www.pulaskitown.org/government/departments/parks\\_and\\_facilities](https://www.pulaskitown.org/government/departments/parks_and_facilities)

[https://www.pulaskitown.org/government/departments/senior\\_center/](https://www.pulaskitown.org/government/departments/senior_center/)

Main

(540) 994-8627

106 North Washington Avenue

24301 VA

United States

Fee Structure

No Fee

Languages Spoken

English

The Town of Pulaski Senior Center offers recreational and social opportunities to seniors--bridge clubs, ceramics classes, coffee hour, potluck dinners, round table discussions, exercise class, quilting and more. Also offers planned trips for which transportation is provided (fee for gas). Walking Club offers blood pressure and glucose screenings and cholesterol screenings for small fee quarterly.

All persons age 50 years of age and older residing in the City or County of Pulaski are invited to join the Senior Center. All persons 50 years of age and older and their spouses are invited to join us for our trips and activities.

We charge no dues or membership fees. The only requirement is that you fill out an information form and then we send you a newsletter free every month. The newsletter is filled with all the trips and activities that are available. We make every effort to keep the costs low for the trips and activities. Most registrations are taken the first working day of the month. All payments must be made during registration.

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Service Area(s)

Pulaski County