## **Town of Pulaski Senior Center**

**English** 

Age Requirements 56-60 60 +Available 24/7 No Other Eligibility Criteria Seniors 50 and older. Intake Contact Staff **Intake Process** Walk-ins and telephone referrals accepted. Complete information form to receive newsletter outlining trips and activities. Intake Contact Telephone (540) 994-8628 Provider Refer Yes Self Refer Yes Pulaski Town Parks and Facilities Department https://www.pulaskitown.org/government/departments/parks and facilities https://www.pulaskitown.org/government/departments/senior center/ Main (540) 994-8627 106 North Washington Avenue 24301 VA **United States** Fee Structure No Fee Languages Spoken

The Town of Pulaski Senior Center offers recreational and social opportunities to seniors--bridge clubs, ceramics classes, coffee hour, potluck dinners, round table discussions, exercise class, quilting and more. Also offers planned trips for which transportation is provided (fee for gas). Walking Club offers blood pressure and glucose screenings and cholesterol screenings for small fee quarterly.

All persons age 50 years of age and older residing in the City or County of Pulaski are invited to join the Senior Center. All persons 50 years of age and older and their spouses are invited to join us for our trips and activities.

We charge no dues or membership fees. The only requirement is that you fill out an information form and then we send you a newsletter free every month. The newsletter is filled with all the trips and activities that are available. We make every effort to keep the costs low for the trips and activities. Most registrations are taken the first working day of the month. All payments must be made during registration.

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Service Area(s) Pulaski County