## **Douglass Senior Citizen Center**

Age Requirements 56-60 60 +Available 24/7 No Other Eligibility Criteria Must be age 50 and older for most programs. Must meet income and other guidelines for some programs Family No Intake Contact Mandy Fletcher Intake Contact Email mandy.fletcher@bristolva.org **Intake Process** Walk ins and telephone referrals accepted Provider Refer Yes Self Refer Yes Bristol Virginia Parks and Recreation http://www.bristolva.org/Index.aspx?NID=147 http://www.bristolva.org/429/Douglass-Senior-Center https://www.facebook.com/Douglass-Senior-Center-828128297227025/ Main (276) 645-7370 711 Oakview Avenue, Suite 130 24201 VA **United States** Additional Availability Comments

Monday-Thursday 8:30 am - 3:30 pm, Friday 8:30 am - 12 Noon

Fee Structure

Call for Information Languages Spoken English

Douglass Senior Center provides programs for senior citizens. Provides nutritious meals to seniors on Tuesdays and Thursdays, transportation is provided. The Center has a fully equipped kitchen, small dining area, large banquet hall, billards room, ceramic studio, lounge with big screen TV room, fitness center and more. Seniors enjoy exercise, fellowship, informational health programs, crafts and recreation. Shopping outings and other social activities may be arranged. Health care screenings are offered occasionally including blood pressure screening and diabetes checks.

Programs offered may be in collaboration with the District III Governmental Cooperative, the Mount Rogers Health District and other area agencies.

Service Area(s)
Bristol City