

## Rowser Senior Citizens Center

Available 24/7

No

Other Eligibility Criteria

Residents of Stafford, age 55 and older.

Intake Contact Email

seniors@staffordcountyva.gov

Intake Process

Call, stop by or visit the website for more information. The membership term is from January 1st to December 31st and applications are available online or at the Rowser Center.

Report Problems

Call the Agency

Self Refer

Yes

Stafford Senior Citizens Center

[https://staffordcountyva.gov/government/departments\\_p-z/parks\\_and\\_recreation/in...](https://staffordcountyva.gov/government/departments_p-z/parks_and_recreation/in...)

<https://www.facebook.com/StaffordCountyParks>

<https://twitter.com/StaffordParks>

Main

(540) 658-5116

Rowser Complex

1739 Jeff Davis Highway

22554 VA

United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken

English

The Rowser Senior Center plans, implements, and evaluates all senior citizen programs. Services include trips, special events, brunches, luncheons, arts and crafts, exercise and fitness, walking, bowling, health screenings, speakers, travel, socialization, movies, and much more. Other ways to be involved include serving on the Senior Citizen Council or volunteering to assist with Thursday luncheons and special events.

We publish a monthly newsletter, especially for senior citizens! It is available free of charge at Rowser, online, or you can have it mailed to your home for \$6 for a year subscription for Stafford residents and \$9/year for non-Stafford residents.

Service Area(s)

Stafford County