

Outpatient Nutrition Counseling

Age Requirements

No Age Requirement

Available 24/7

No

Family

No

Intake Contact

Jeanne Allegra

Intake Process

Call to schedule appointment for a comprehensive evaluation performed by the registered dietitian

Provider Refer

Yes

Report Problems

Call the Agency

Holy Cross Hospital

<https://www.holycrosshealth.org/>

<https://www.holycrosshealth.org/find-a-service-or-specialty/diabetes-prevention...>

Main

(301) 754-7848

TTY/TTD

(301) 754-7406

1500 Forest Glen Road

20910 MD

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Fixed Fee

Payment Method(s)

Private Pay

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Private Insurance

Languages Spoken

English

Holy Cross Hospital Outpatient Nutrition Counseling helps clients make healthy choices for an improved lifestyle. The outpatient nutrition counseling center offers registered dietitians to provide medical nutrition therapy to address the personal goals of patients as they relate to stages of life and various medical conditions. Many of patients are adult or gestational diabetics who are learning about diabetes and management skills to improve blood glucose levels.

Some clients have weight management goals (to lose or gain); other clients desire advice on fat-controlled, low-cholesterol meal plans to reduce risk of heart disease, kidney disease, cancer, stomach and intestinal disorders.

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City

,

Maryland

,

Washington DC