

## The Senior Station, Portsmouth

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Must be a resident of Portsmouth 60 years or older, or a spouse within the target area.

Family

No

Intake Process

Call for more information.

Self Refer

Yes

Senior Services of Southeastern Virginia

<http://www.ssseva.org/>

Main

(757) 391-3241

3500 Clifford Street

The Senior Station

23707 VA

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

Portsmouth Senior Station hosts congregate meals for clients living within the target area sites. Also, the program provides socialization/recreation, health screenings, information pertinent to seniors, and referrals to other agencies. Senior Services provides congregate meals Monday through Friday 11:30 am through 12:30 pm to the elderly in addition to other services that may be offered to senior citizens.

Other services include exercise classes, bridge games, ID photos, and day trips. Transportation can be arranged, on a case-by-case basis, for seniors who cannot take public transit or drive.

Service Area(s)

Portsmouth City

Email

[services@ssseva.org](mailto:services@ssseva.org)