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[AARP Celebrates Family Caregivers](#)

Your Story Matters

Every day, you deliver medicine. You deliver meals. You deliver love. Share your family caregiving story with AARP so we can deliver for you—fighting for more support, workplace flexibility, and financial solutions—while helping to ensure your loved ones are safe from COVID-19 whether they're living with you, in their own home, or in a nursing home.

Inspirational Stories from Family Caregivers

Whether you help care for a parent, spouse, sibling, neighbor or other loved one, you have a story to tell. Read these experiences from family caregivers in your state, and add your own.

Share Your Story

Sharing your story can make a difference. Speak out and help us fight for more support for family caregivers in your state. Your story will help us continue to fight for more support, help at home, workplace flexibility, training and relief in your state — and more.

► [Share Your Story](#)

AARP was founded in 1958 and has over 38 million members. It is a nonprofit, nonpartisan organization for people over the age of 50. AARP is well-known for its advocacy efforts, providing its members with important information, products and services that enhance quality of life as they age. They also promote community service and keep members and the public informed on issues relating to the over 50

age group.

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