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## **[BenefitsCheckUp®](#)**

BenefitsCheckUp® is a free online screening service of the National Council on Aging (NCOA), a nonprofit service and advocacy organization in Washington, DC.

The BenefitsCheckUp® team monitors the benefits landscape for updates and changes to policies and programs. We match your unique needs to benefit programs and eligibility requirements using our comprehensive tool.

Many adults over 55 need help paying for prescription drugs, health care, utilities, and other basic needs. There are over 2,500 federal, state and private benefit programs available to help. But many people don't know these programs exist or how they can apply.

[BenefitsCheckUp®](#) asks a series of questions to help identify benefits that could save you money and cover the costs of everyday expenses. After answering the questions, you will get a report created just for you that describes the programs you may get help from. You can then review your custom report, learn more about benefits, and start enrolling in programs.

Here are some of the types of expenses you may get help with:

- Medications
- Health Care
- Income Assistance
- Food & Nutrition
- Housing & Utilities
- Tax Relief
- Veteran
- Employment
- Counseling
- Information & Referral
- Respite Care

- Transportation
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NCOA's mission is to improve the lives of millions of older adults, especially those who are vulnerable and disadvantaged. NCOA is a national voice for older Americans and the community organizations that serve them. They bring together nonprofit organizations, businesses, and government to develop creative solutions that improve the lives of all older adults. They work with thousands of organizations across the country to help seniors find jobs and benefits, improve their health, live independently, and remain active in their communities.

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National Council on Aging

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