

**Published on *SeniorNavigator* (<https://seniornavigator.org>)**

## **[Virginia Commonwealth Council on Aging](#)**

Established pursuant to §§ [51.5-127](#) and [51.5-128](#) of the Code of Virginia, the CCOA promotes an efficient, coordinated approach by state government to meeting the needs of older Virginians. The CCOA supports communities that are accessible, livable, age-friendly, and promote independence. Among its duties and activities, the CCOA:

- Examines the needs of older Virginians and their caregivers and ways in which state government can most effectively and efficiently assist in meeting those needs;
- Advises the Governor and General Assembly on aging issues and aging policy;
- Advocates for and assists in developing the Commonwealth's planning for meeting the needs of the growing number of older Virginians and their caregivers; and
- Assists and advises the Department regarding strategies to improve nutritional health, alleviate hunger, and prevent malnutrition among older adults.

The Council has 19 appointed members and five ex-officio members. The Governor appoints 11 members, one from each of Virginia's congressional districts. Of the remaining eight at-large members, four are appointed by the Speaker of the House of Delegates and four by the Senate Rules Committee. Click here for a list of [Council Members](#).

The Council on Aging prepares an annual report for the Governor and General Assembly. You may review the [Council's current report](#).

The Council meets quarterly and all meetings are open to the public. Meetings of the Council and each of its committees are announced in advance on the [Commonwealth Calendar](#) as well as on the [DARS website](#). Minutes of recent meetings are also available on the DARS website.

For information on a specific Council or committee meeting, or for any questions, contact Sara Stowe at 804-910-5803 or email her at [sara.stowe@dars.virginia.gov](mailto:sara.stowe@dars.virginia.gov).

Article Source

Virginia Department for the Aging

Source URL

<https://www.vda.virginia.gov>

Last Reviewed

Tuesday, December 17, 2024