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## [Alzheimer's Care: Simple Tips for Daily Tasks](#)

Alzheimer's caregiving takes patience and flexibility. The Mayo Clinic's article [Alzheimer's Care: Simple Tips for Daily Tasks](#) contains tips on how to help care for a loved one with Alzheimer's Disease, from assessing their independence, reducing frustrations, creating a safe environment and focusing on individualized care. There are also links to other helpful articles included.

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