

## Wellness Programs at Manassas Senior Center

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Manassas, Manassas Park, Prince William County residents.

Intake Contact

Kathy Lee-Meredith

Intake Process

Call the office

Provider Refer

Yes

Self Refer

Yes

Prince William Area Agency on Aging

<http://www.pwcgov.org/government/dept/aaa/Pages/default.aspx>

Main

(703) 792-6405

TTY/TTD

(703) 792-6444

9320 Mosby Street

20110 VA

United States

Fee Structure

Call for Information

Languages Spoken

English

Manassas Senior Center offers a variety of special programs related to health and wellness. Seminars on health, weight management, and living well as you age are just some of the educational presentations. One-on-one health consultations with our public health nurse can also be scheduled. Health screenings and immunizations

are regularly scheduled.

[Check the newsletter each month](#) for a list of activities (exercise, fitness, seminars) that are available.

Service Area(s)

Manassas City

,

Manassas Park City

,

Prince William County

Email

[pwaaa@pwcgov.org](mailto:pwaaa@pwcgov.org)