

## Congregate Meals, Pennington Gap

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Persons age 60 and older

Intake Contact Email

info@meoc.org

Intake Process

Walk-ins and telephone referrals accepted

Provider Refer

Yes

Self Refer

Yes

Mountain Empire Older Citizens, Inc. (MEOC)

<http://www.meoc.org>

<https://www.facebook.com/mountainempireoldercitizens/>

<https://twitter.com/VAMEOC>

Main

(276) 523-4202

Toll-Free

(800) 252-6362

First United Methodist Church

41880 East Morgan Avenue

24277 VA

United States

Additional Availability Comments

Office hours are Monday-Friday 8AM-5:30PM

Fee Structure

Suggested Donation

Languages Spoken

English

First United Methodist Church provides a congregate nutrition site which serves a nutritious, hot, noontime meal. Each site offers a variety of activities, exercise, health education, health screenings, music and storytelling, quilting and crafts. Current events and other topics of interest to older citizens are an important part of the program. These sites operate as part of Mountain Empire Older Citizen's (MEOC) Wellness Is Now (WIN) initiative. Most WIN Centers also provide community group respite service during regular hours of operation.

The meal site is open Monday and Wednesday from 9:30AM until 1:30PM.

Service Area(s)

Lee County

Email

[kristen.rutherford@meoc.org](mailto:kristen.rutherford@meoc.org)