

In-Home Assistance

Programs that provide assistance in performing routine household, yard and/or community activities for older adults and people with disabilities, or others who need or want these services. Some of these services may include meal preparation, light housekeeping, errand running, grocery shopping, or transportation to appointments. The objective of in-home assistance is to help the recipient sustain independent living in a clean, safe and healthy environment.

Article

10 Tips For Finding The Right Home Care Agency

If you are pursuing home care options for your family, explore these 10 valuable tips for making informed decisions when it comes to finding the perfect home care agency for your loved ones.

Source

[Today's Caregiver](#)

Links

CDC Complete Care Plan Form

Source

[CDC Complete Care Plan Form](#)

Links

AARP Home Alone Alliance

Source

[AARP Home Alone Alliance](#)

Apps

CareLinx: Senior In-Home Care

CareLink connects families with safe, reliable, and affordable in-home caregivers for seniors.

Source

[CareLink: Senior In-Home Care](#)

Links

National Aging in Place Council (NAIPC)

Source

[National Aging in Place Council \(NAIPC\)](#)

Article

Homemaker, Chore and Companion Services

Homemaker, Chore and Companion services take place in your home and may help you provide care for your loved one.

Source

[Virginia Department for Aging and Rehabilitative Services](#)

Article

What is In-Home Care?

This informational article explains what In-Home Care is.

Source

[Mark Sheets, Owner-Comfort Keepers, Richmond](#)

Links

Aging in Place Initiative: Creating Livable Communities for All Ages

Source

[Aging in Place Initiative: Creating Livable Communities for All Ages](#)

Article

Personal Care and Personal Assistance Services

Would you like more information about what personal care and personal assistance services are? This article provides a detailed overview of these services.

Source

[Virginia Department for Aging and Rehabilitative Services](#)

Article

Hiring In-Home Help

This informative article from the Family Caregiver Alliance, provides an overview of aspects to consider when hiring people to help at home.

Source

[Family Caregiver Alliance](#)

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