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Parkinson's Disease Support Group

Date and Time

Monthly on the fourth Wednesday at 5:30pm for 7 times

Event URL

<https://riversideonline.com/>

Event Region

Peninsula

Event Type

Support group

RSVP Info

757-875-7880

Event Cost

\$0.00

Event Description

Whether you have recently received a diagnosis of Parkinson's disease, have been living with it for a short time or have been managing the disease for many years, your Peninsula Parkinson's Support Group offers strategies on how to deal with challenges, enhance your health and wellness and maintain your quality of life to the highest degree possible. You have the opportunity to learn about the latest research and treatments, plus you can see how your experience, while unique to your particular situation, is part of a larger world of similar circumstances and people. Simply put, you realize that you are not alone. The group meets on the 4th Wednesday of each month at 5:30pm. Call 757-875-7880 or Sandy Snapp at 757-534-5837 for more information. To receive a monthly update, sign up for our Parkinson's electronic newsletter by going to riversidehealthdiscussions.com