## Published on SeniorNavigator (https://seniornavigator.org)

## ASIST - Learn the Skills to Save a Life

Date and Time Thursday 3/8/2018 7:30am Event URL https://docs.google.com/forms/d/e/1FAIpQLScq1FCbZL9rroZFxEo2kofHuy7iYZNJTInROxc... Event Region Richmond Area Event Type Workshop RSVP Info (804) 285-1749 Event Cost \$0.00 Event Description

ASIST is a two-day workshop that teaches how to intervene and save a life from suicide. Over a million people around the world have participated in this awardwinning program. Most people thinking about suicide don't actually want to die, but they need help deciding to stay alive. You don't need any prior training to attend ASIST – just a willingness to make a difference. Hosted by RBHA and Sponsored by the American Foundation for Suicide Prevention (AFSP) \*CEU's are available with this training. (Note: as of this posting, the event it full but the link below will take you to a wating list sign-up)