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## **End of Life**

Hospice care focuses on palliative care or 'comfort care' to ensure a high quality of life for terminally ill. It typically is recommended for those with a diagnosis of fewer than six months to live, and may be an option to consider if you or a loved one has a terminal illness or condition.

The Mayo Clinic provides an article on the [End of Life](#) that provides information about palliative and hospice services, who can benefit from it, how it works, and how to select a program for you and your loved one.

Mayo Clinic Health Information's award-winning consumer [Healthy Lifestyle website](#) offers health information, and self-improvement and disease management tools. MayoClinic.com's medical experts and editorial professionals bring you access to the knowledge and experience of Mayo Clinic for all of your consumer health information needs, from cancer, diabetes and heart disease to nutrition, exercise and pregnancy.

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