

Arthritis Management Program

Age Requirements

18 and over

Family

No

Intake Process

Call the office.

Provider Refer

Yes

Self Refer

Yes

Pivot Physical Therapy

<https://www.pivotphysicaltherapy.com/>

<https://www.facebook.com/pivotphysicaltherapy>

m.me/pivotphysicaltherapy

Main

(757) 961-4800

1745 Camelot Drive, Suite 100

23454 VA

United States

Fee Structure

Fixed Fee

Payment Method(s)

Private Pay

,

Private Insurance

,

Medicare

Languages Spoken

English

Pivot Tidewater Physical Therapy offers an Arthritis Management Program to reduce pain, increase strength and flexibility and prevent unnecessary disability. With help

from a physical therapist, patient can face the daily challenges of living with arthritis with tips and tools to conserve energy, protect joints, manage pain and simplify everyday tasks.

Balance and Fall prevention and aquatic therapy are available.

Call the office to find a location near you and make an appointment to get and keep moving pain free.

Other [Physical Therapy offices](#) in the area

Service Area(s)

Franklin City

,

Hampton City

,

Newport News City

,

Norfolk City

,

Portsmouth City

Email

info@pivotphysicaltherapy.com/