

## **Grief and Bereavement Support Groups**

Age Requirements

16-21

,

18 and over

Family

No

Intake Contact Email

catherine.intartaglia@invoa.org

Intake Process

Visit the website, call 703-206-5433 for information

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Inova Life with Cancer

<http://www.lifewithcancer.org>

<https://www.lifewithcancer.org/get-help/grief/>

Main

(703) 698-2526

8411 Pennell Street

22031 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

## Languages Spoken

English

Life with Cancer offers bereavement and grief support groups. Grief is normal and healthy and through education and support, the healing process begins.

Good Grief Group is an 8- week educational and supportive program for people who have lost a loved one to cancer.

Parent Bereavement Group is a monthly support group for parents of children, 18 and under, who have died from cancer.

We also offer a program called Handling the Holidays After the Death of a Loved One. The group offers positive strategies to help people cope with grief during the winter holiday season.

Short Term Grief is counseling available for adults, teens, children, or families who may need individualized counseling or have specific issues or concerns.

[Find support and register](#) for programs.

## Service Area(s)

Alexandria City

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Arlington County

,

Fairfax City

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Fairfax County

,

Falls Church City

,

Manassas City

,

Manassas Park City

,

Prince William County

## Email

[lifewithcancer@inova.org](mailto:lifewithcancer@inova.org)