

## **Griefshare**

Age Requirements

16-21

,

18 and over

Intake Process

Call the office for updated information

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Old Bridge United Methodist Church

<http://www.oldbridgechurch.org/>

<https://www.facebook.com/OldBridgechurch.org/>

Main

(703) 730-3895

3966 Old Bridge Road

22192 VA

United States

Monday: 9:00 am-12:00 pm

Tuesday: 9:00 am-12:00 pm

Wednesday: 9:00 am-12:00 pm

Thursday: 9:00 am-12:00 pm

Friday: 9:00 am-12:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken

English

Griefshare is for people who are grieving the death of a loved one. Griefshare groups meet weekly to help individuals face the challenges associated with the deep hurt of loss and help them move toward rebuilding their life. Each Griefshare session has 3 elements: (1) a video seminar with experts; (2) support group discussion; and (3) workbook-based personal study and reflection.

Contact the church for more details.

Service Area(s)

Prince William County

Email

[churchoffice@oldbridgechurch.org](mailto:churchoffice@oldbridgechurch.org)