Grief and Bereavement, Life With Cancer

Age Requirements 0-5 , 6-12 , 13-21 22-55 56-60 , 60 +Family No Intake Contact Email catherine.intartaglia@inova.org Self Refer Yes Inova Fairfax Medical Center http://www.lifewithcancer.org/grief bereavement.php Main (703) 698-2526 8411 Pennell Street 22031 VA **United States** Languages Spoken English

Life with Cancer offers grief and bereavement services. Through education and support, the healing process can begin.

Good Grief Group is an eight-week educational and supportive program for people who have lost a loved one to cancer. Good Grief provides an opportunity for people to meet and talk with others who are grieving and learn ways to handle the changes that come after the loss of a loved one. The group is facilitated by Licensed Clinical Social Workers and counselors and is offered on a regular basis in various locations.

Parent Bereavement Group is a monthly support group for parents of children, 18 and under, who have died from cancer. The group provides a supportive environment to share memories and ways to cope with the loss. The Parent Bereavement Group is co-facilitated by a Licensed Clinical Social Worker and a bereaved parent couple. The group meets on the second Thursday of each month from 7 – 9 p.m. at the Life with Cancer Family Center.

Handling the Holidays is a class that offers positive strategies to help people cope with grief during the winter holiday season. This program is facilitated by Licensed Clinical Social Workers and counselors, and is offered in various locations.

Short Term Grief Counseling is provided by Licensed Clinical Social Workers or counselors, short-term grief counseling is available for adults, teens, children or families who may be in need of individualized counseling or have specific issues or concerns.

For counseling appointments or nurse consultations, call 703-698-2526; for classes and groups, <u>register online</u>.

Service Area(s) Alexandria City

,

Arlington County

Fairfax City

Fairfax County

Falls Church City

, Loudoun County

, Manassas City

Manassas Park City

Prince William County