

## **Water Rehab Class**

Age Requirements

13-21

,

18 and over

Available 24/7

No

Family

No

Intake Process

Call for information

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Danville Family YMCA

<http://www.ymcadanville.org/>

<https://www.facebook.com/ymcadanville>

<https://twitter.com/ymcadanville>

Main

(434) 792-0621

810 Main Street

24541 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: 8:00 am-6:00 pm

Sunday: 12:00 pm-5:00 pm

Additional Availability Comments

Call for current class schedule and cost

Fee Structure

Membership Fee

Payment Method(s)

Private Pay

Languages Spoken

English

Water Therapy (Water Rehab) classes for YMCA members are geared toward people that have injuries, arthritis, or have had surgery. The classes move at a slower pace than water aerobics.

Call for information about class day and time.

Service Area(s)

Danville City