Charles Houston Senior Center

Age Requirements 56-60 , 60 +Available 24/7 No Other Eligibility Criteria Alexandria residents. Ages 60 and over and spouses to participate in the meal program Family No Intake Contact Email jack.browand@alexandriava.gov Intake Process Phone for information. Walk in. Self Refer Yes Alexandria Aging and Adult Services Division https://www.alexandriava.gov/Aging https://alexandriava.gov/recreation/info/default.aspx?id=12452 https://www.facebook.com/sharer.php?u=https%3A//www.alexandriava.gov/Aging Main (703) 746-5552 901 Wythe Street 22314 VA **United States** Monday: 8:30 am-4:30 pm Tuesday: 8:30 am-4:30 pm Wednesday: 8:30 am-4:30 pm Thursday: 8:30 am-4:30 pm Friday: 8:30 am-4:30 pm Saturday: Closed Sunday: Closed

Fee Structure Suggested Donation Payment Method(s) Private Pay Languages Spoken English

Charles Houston Senior Center - Provides nutrition education and hot nutritious lunches for participating elderly persons. Offers a wide range of activities including speakers, trips, and senior exercise classes. The agency can provide transportation. This program is operated by the Alexandria Redevelopment and Housing Authority.

To participate in meals, individual must be Alexandria resident and over 60 years of age. Participants are asked to make a donation to help cover the cost of the meal, but no one is required to donate.

The Senior Center is located in back of the Nannie J. Lee Recreation Center. {Languages: Uses bilingual staff within Alexandria Department of Human Services} The Senior Center at Charles Houston is operated by Alexandria Redevelopment and Housing Authority in partnership with Alexandria Division of Aging & Adult Services.

Service Area(s) Alexandria City Email DAAS@alexandriava.gov